



# OKANAGAN GRANFONDO

## RIDER PREP GUIDE



OKANAGANGRANFONDO.COM | JULY 10, 2022 | PENTICTON, B.C., CANADA

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*All details are subject to change, please check back regularly for updates*

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**July 2022**

**Welcome from the Okanagan Granfondo Organizing Team:**

After two years on hold due to the COVID-19 pandemic, we are genuinely thrilled to present the 10th Okanagan Granfondo...at long last. Welcome back to the South Okanagan!

Sincere thanks to all participants, and in particular those who registered in 2020 or 2021 who chose to roll-over their entry to this year. Your patience and general support for this event has not gone unnoticed. We are also forever grateful to our tireless volunteers and loyal partners and sponsors, and notably the City of Penticton and the Province of British Columbia.

This weekend we celebrate our 10th year in the South Okanagan. For returning riders, you may have noticed a name change and a brand refresh as the ***Okanagan Granfondo***. The same great organizing team is behind this year's edition - we just wanted to freshen things up with a new look and feel. Like many businesses during the pandemic, we took advantage of the "pause" to enhance many aspects of the event.

Enjoy your time in Penticton and surrounding areas this weekend. We hope you finish this year's event with a smile on your face and feeling of accomplishment.

**Jodi Merckx & the Organizing Team**



*Mayor's Office, City of Penticton*

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Tel: 250-490-2400 Fax: 250-490-2402  
www.penticton.ca

On behalf of the City of Penticton, it is my pleasure to welcome all cyclists and supporters to the 10th edition of the annual Okanagan Granfondo.

The City of Penticton is proud to serve as the start and finish line for one of the best cycling events in North America for recreational, elite and pro cyclists alike.

I would like to extend a special thank you to organizers and staff, sponsors and the many volunteers that will make this year's race a special one!

During your visit, you will quickly discover why we are extremely proud to showcase our community. I hope you will take time to relax, enjoy and explore the incredible hospitality and attractions the South Okanagan has to offer: wine tastings, world-class rock climbing, boutique shopping, or just relaxing on our stunning beaches. Please take a few days to indulge yourself in the Okanagan lifestyle – you deserve it.



I know your focus will be on your ride, but I do hope you get a chance to enjoy all Penticton has to offer while you are here. We look forward to making the 'Penticton' experience memorable for you on this visit and many more future visits.

Best of luck to everyone and enjoy your weekend.

Sincerely,

A handwritten signature in blue ink that reads "John Vassilaki".

Mayor John Vassilaki

## 2. Event Weekend

### Schedule

Package Pick Up

Classe Spéciale

Merchandise

Awards & Prizes

Results & Timing



## Weekend Schedule

Friday (July 8th)		
Package Pick-Up and Okanagan Granfondo Cycling Expo	1 p.m. – 7 p.m.	PTCC
Riders' Briefing (information for first-timers and details about the ride and course)	5:30 p.m.	PTCC (Atrium)
Saturday (July 9th)		
Penticton's Farmers' Market	8 a.m. – 1:30 p.m.	Main Street
Kids' Piccolofondo	9 a.m. – 11 a.m.	Lakeshore Drive
Package Pick-Up and Granfondo Cycling Expo	10 a.m. – 6 p.m.	PTCC
Rider's Briefing (information for first-timers and details about the ride and course)	11:00 a.m.	PTCC (Salon C)
Riders' Briefing (information for first-timers and details about the ride and course)	1:00 p.m.	PTCC (Salon C)
Classe Speciale Reception	3 p.m. – 5 p.m.	Eliza, A Naramata Wine Bar
Sunday (July 10th)		
Bag Check-In open	5:30 a.m.	Rotary Park
START OF GRANFONDO, MEDIOFONDO, VELOCEFONDO & CORTOFONDO <i>(please note new start time)</i>	6:30 a.m.	Main Street
Finish Line Festivities (incl. Family Fun Zone, Beverage Garden, Barbeque, Massage Therapy and Bike Check)	10 a.m. – 4 p.m.	Rotary Park
Awards	2 p.m.	Rotary Park
Finish Line closes	4 p.m.	Main Street
Food and Beverage Area closes	4:30 p.m.	Rotary Park

**PTCC** (Penticton Trade and Convention Centre; 273 Power St, Penticton)

**Elisa Wine Bar** (Naramata Inn; 3625 1 St, Naramata)

**Rotary Park** (Martin St & Lakeshore Dr W, Penticton)

# Package Pick Up

## What you will receive:

- Limited edition OG T-shirt
- Water Bottle
- Towel
- Musette Bag
- Rider package (Bike plate, wristband, timing chip)

## Package pick up location:

### Penticton Trade & Convention Centre

- **Friday, July 8, 2022**  
Time: 1:00 PM - 7:00 PM
- **Saturday, July 9, 2022**  
Time: 10:00 AM – 6:00 PM
- **NO RACE DAY PACKAGE PICK UP**

**NOTE:** You will be required to show your photo ID at Package Pick Up. Please have it with you and ready to show the volunteers and staff in order to collect your package. Your start corral is assigned based on the answer to the average speed question during online registration. Your wave will be assigned to you in your race package and will not be available in advance.

## Classe Spéciale:

The Classe Spéciale category features:

- Full 2022 Okanagan Granfondo cycling kit, by Jakroo, including a jersey, shorts, and socks.
- Exclusive Package Pick Up
- Classe Spéciale Reception on Saturday afternoon at the Naramata Heritage Inn Wine Bar
- VIP staging area
- Bag Check

## Timing chip:

This is a chip-timed cycling event. In your package you will receive a timing chip that **MUST** be attached to your front fork. See image on following page.

# Timing & Results

Official LIVE results will be available at [www.okanagangranfondo.com](http://www.okanagangranfondo.com)

Sportstats West ([www.sportstats.ca/](http://www.sportstats.ca/)) will be timing our event.

## Live Tracking & Results:



**Cortofondo**

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**Mediofondo**

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**Velocefondo**

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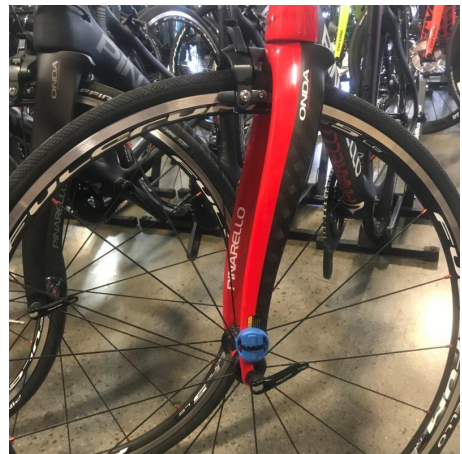


**Granfondo**

## [How to use ProChip for Cycling](#)

- The timing chip must be secured to the front fork of the bike with the zap strap provided.
- You must use the chip that is provided with your racer number to ensure you receive the correct time (ex.: be careful not to switch with your friend or family member,, etc. by mistake).
- Chips secured elsewhere on the bike or participant will not register on the timing systems and you will not receive your results.
- You must return the timing chip at the end of the event.
- A chip replacement fee will be charged for any lost and/or unreturned chips.

## Correct use of ProChip:





## Merchandise

The 2022 Okanagan Granfondo cycling kit will be available for sale at the Okanagan Granfondo Cycling Expo. Please note that sizes and availability are limited.

For those that pre-purchased items online, please see our partners, JAKROO to pick up your items.

## Awards & Prizing

### **JAKROO Reach for the Peach Hill Climb Challenge:**

The JAKROO Reach for the Peach hill climb challenge on Summerland's Peach Orchard Road is open to all riders who successfully complete the event. We will award first-place in each age category (UNDER 19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+) and for each gender.

### **Team Competition:**

Bragging rights and prizes are on the line for the 2022 OG Team Competition. The rules are simple: the 5th rider across the finish line counts as the "team time". Therefore, it will be the teams that work together that win this event. The team competition only applies to the Granfondo category. Granfondo riders can form teams with a maximum of 9 and minimum of 5 riders.

# 3. Map & Parking



# Rotary Park Venue Map



## Parking Map

Take advantage of the ample parking at the South Okanagan Events Centre (SOEC) and Penticton Trade and Convention Centre (PTCC). It is a short 1 km spin on your bike to the Start / Finish area. See the map below for location. As a courtesy to local neighborhoods, please don't park on residential streets.

**NOTE:** Please park only in the designated spots/lots. The other parking spots have been reserved for use by the Okanagan Hockey School (in the main SOEC parking lot) and the Community Centre (in the PTCC parking lot).



# 4. Course

Wave Starts & Aid Stations

Start Corrals

Course Routes & Downloadable GPS files

Kids' Piccolofondo



# Wave Starts / Start Procedure

Start corrals are assigned based on the distance and average speed declared during registration. Your bike plate will be preceded by a Corral Number (A through F). Your corral will be marked in your race package when you pick it up and is not available beforehand.

Corrals will be marked with feather flags with letters corresponding to your bike plate. Please look for your corral and then the corresponding number (A1, B2, etc.) and seed yourself accordingly. Volunteers will be monitoring the openings of the corrals to ensure that all riders are in the correct corral.



## Entering the Start Chute

Please take a moment to understand how our start zone system works.

- The start chute is separated into 13 speed related start zones.
- Start zones are allocated according to the anticipated speed provided at registration and are labeled **A** (fastest) through **F**.
- Entrances will be identified by tall flags displaying the zone letter.
- Each zone will be divided into up into corrals that are denoted with numbers.
- Race numbers have a letter prefix that corresponds to the rider's start zone, and a number that corresponds to the corral (e.g. A1, F3, etc.)
- Riders will make a note of their letter and number prefix (e.g. A1) and head to the flags with the letter that corresponds with the letter on the bike plate, and then look for the corral opening with the number that corresponds with the number associated with the letter. (These are found on the bike plate)
- Riders can only enter their designated zone or a slower zone. *Moving forward to a faster zone is not permitted.*
- Tandem bikes (all distances), E-Bikes (all distance) will start in corral F3.

## Wave Starts

- Chute opens at 5:30am. First wave starts at 6:30am. Waves depart at 3 minute intervals.
- Category start order: Granfondo, Velocefondo, Cortofondo, Mediofondo.
- CS riders start in the first wave of each category and can load at the start line when their group moves to the line.



# COURSE

## Aid Stations:

	Location	Address/ Landmark
1	Summerland	Jubilee Rd (between schools)
2	Main St Penticton	Terry Fox Park
3	OK Falls	Christie Beach Park
4	Oliver	South of 5720 Black Sage Rd
5	Oliver	Fairview Mountain Golf Course
6	Willowbrook	Jones Way Rd
7	Observatory	White Lake Rd (Observatory parking lot)

**Course Cut off Times:** All Granfondo riders must be at the Fairview Aid Station (#5) by 1:30 p.m., and White Lake Observatory by 2:30 p.m.

## F2C Nutrition On Course:

### GLYCO-DURANCE – AID STATIONS – Lemon Lime

- Fast absorbing carbohydrates with the lowest serum osmolarity
- Non-GMO and all natural
- Contains Karbolyn Endurance® the key carbohydrate source
- Sustalyn® as a super hydrator, and a scientifically developed electrolyte blend
- Bike course blended to 180 cals per 750 ml bottle – Lemon Lime

### GEL

100cal gel – (Ingredients -Canadian Maple Syrup, sea salt and ginger) 24g of carbs per gel

## **COURSE, Cont'd**

### **F2C NUTRITION POST RACE RECOVERY**

**Post race, F2C Nutrition will be providing Glyco-Durance, Rehab 3:1, Pharma-Pure and Vegan-Pure, in the recovery area at the finish line. Look for the white F2C tent to recover right!**

#### **GLYCO-DURANCE – RECOVERY Mango**

- Fast absorbing carbohydrates with the lowest serum osmolality
- Non-GMO and all natural
- Contains Karbolyn Endurance® the key carbohydrate source
- Sustalyn® as a super hydrator, and a scientifically developed electrolyte blend
- Hydration mix – 80cals in an 8oz cup – Mango/Strawberry Kiwi

#### **REHAB 3:1 COMPLETE – Mango Parfait/Strawberries and Cream**

- Optimum 3:1 carb to protein ratio for recovery
- Easily digested and rapidly absorbed
- Replenishes glycogen stores while aiding in muscle repair
- Full dose of electrolytes to replenish
- Gluten, lactose and soy free

#### **PHARMA-PURE Chocolate/Vanilla**

- 100% whey protein isolate
- 27 g of protein in a 250ml serving
- No added sugars or fillers, lactose, soy and gluten free

#### **VEGAN-PURE – Chocolate/Vanilla single serves available on request!**

- 100% raw organic vegan protein
- Balanced amino acid profile
- Non GMO, gluten free, lactose, dairy and soy free

For more information, visit: [www.f2cnutrition.com](http://www.f2cnutrition.com)



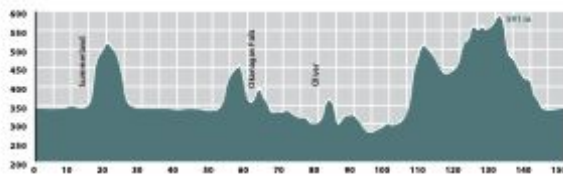


**CATTLE GUARD – USE EXTREME CAUTION**



**AID STATION – ALL STATIONS PROVIDE:**  
 HYDRATION | NUTRITION | FIRST AID | TOILETS | MECHANICAL SUPPORT

**PROFILE**



For downloadable .GPX or .FIT files, click [here](#)

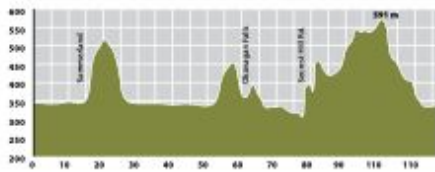


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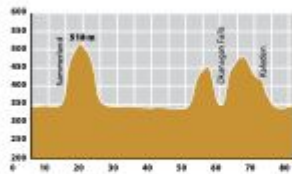


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PROFILE



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**SUMMERLAND**  
Peach Orchard Rd  
Rosedale Ave

Victoria Rd S

Lewes Ave

Hillborn St

← Lakeshore Dr S

OKANAGAN LAKE

Okanagan Hwy →

**PENTICTON**

Start • Finish

← Main St

Skaha Lake Rd →

← Lakeside Rd

← Eastside Rd

SKAHA

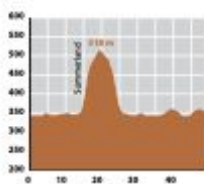


CATTLE GUARD – USE EXTREME CAUTION



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HYDRATION | NUTRITION | FIRST AID | TOILETS | MECHANICAL SUPPORT

**PROFILE**



For downloadable .GPX or .FIT files, click [here](#).

# Kids' Piccolofondo


On Saturday, July 9th, the 2022 Okanagan Granfondo (OG) presents the free Piccolofondo race for kids under 5 (run bikes) through to 10-years-old. Kids will participate on a new Lakeshore Drive course, while parents cheer them on as they ride along Okanagan Lake.

WHAT: Free kids race in the heart of Penticton

WHERE: Penticton's Rotary Park (Lakeshore Dr. & Martin St.)

WHEN: Saturday, July 9th (9 a.m. – 10:30 a.m.)

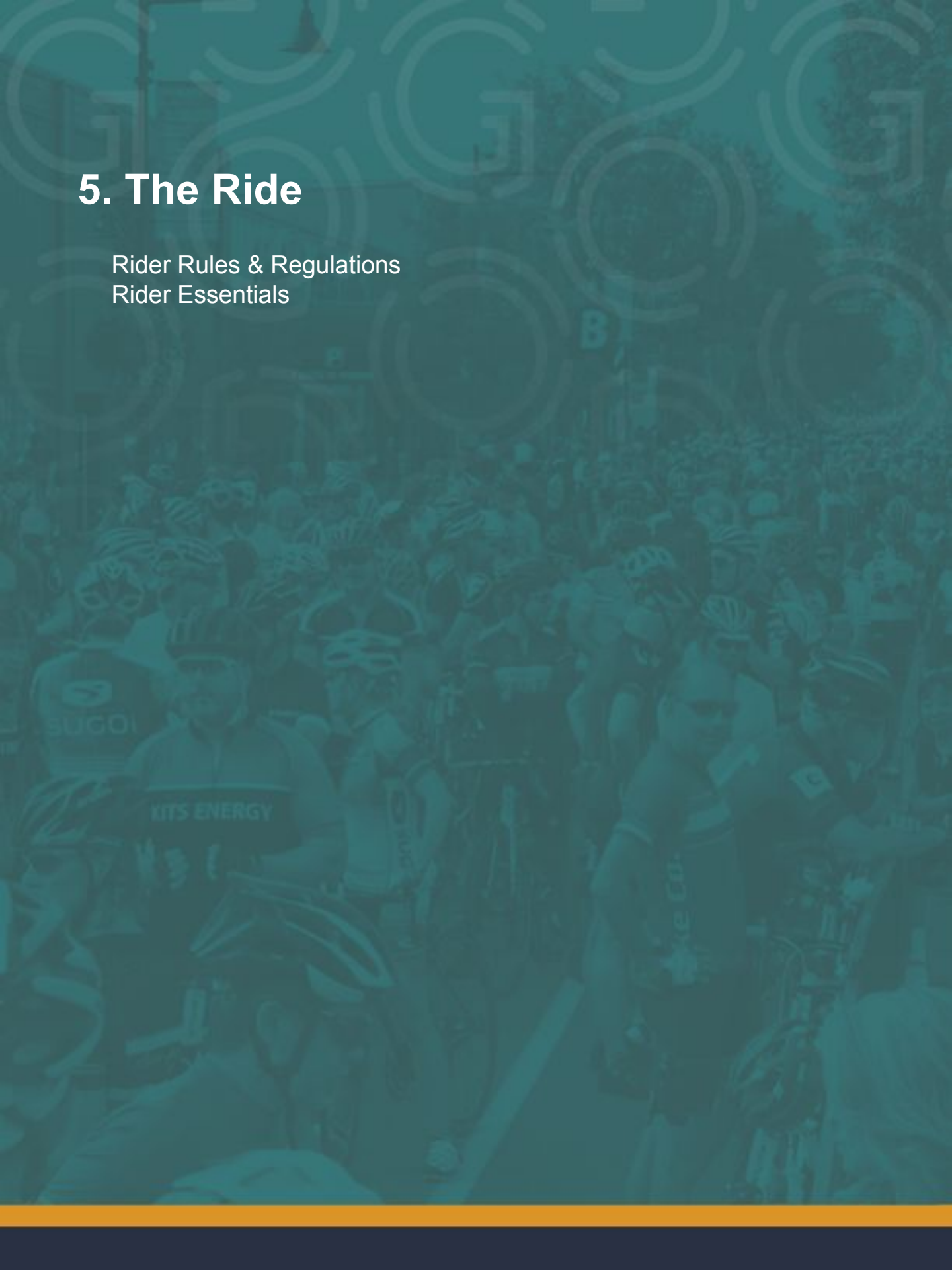
Families can then enjoy Penticton's famous Farmers' Market along nearby Main Street. Kids will receive their very own race bike plate and a cool Finisher's medal at the end.

Register [Here](#) 



# 5. The Ride

Rider Rules & Regulations  
Rider Essentials



# Rules & Regulations

The following are the rules for riding the 2022 Okanagan Granfondo (OG). Given the uncertainty created by the Covid-19 pandemic, these rules are subject to change at any time prior to the event. Anyone violating these rules or subsequent version of these rules, is subject to removal from the event:

- **Event cancelation policy:** The Okanagan Granfondo, in accordance with and at the discretion of event organizers, municipal and provincial authorities, as well as regional law enforcement, reserves the right to cancel or alter any of the events due to unforeseen circumstances or emergency purposes such as, but not limited to weather events and related consequences (e.g. flooding), hostile threats, highway closures mandated by provincial or other authorities, wildfires and/or population health and safety concerns. If such conditions force cancellation, refunds cannot be provided since funds will have been spent in preparation for Event Day.
- **No refunds:** There are no refunds under any circumstances, including the cancellation of the event. If the event is cancelled, all registrations will **roll over** to the following year.
- **Waiver:** All participants must read and agree to the Exclusion of Liability document. The complete document can be found at: <https://okanagangranfondo.com/event-waiver/>
- **Covid-19** (subject to change & updates): Riders must comply with Covid-19 protocols as directed by the event organizer, Interior Health and/or Provincial Authorities. Participants will be required to:
  - Stay away from the event if any Covid-19 symptoms are present.
  - Follow safe sanitary practices, including hand washing and using hand sanitizer.
- **Helmets are mandatory:** Helmets must be worn and done up at all times.
- **Non-standard bicycles (e.g. tandem bicycles, recumbent, and race wheelchairs):** The OG requires non-standard bikes to exercise extreme caution. The majority of riders may not be familiar with non-standard bicycles. The OG staff may require non-standard bicycles to start at the rear of the group. Due to size issues, it may not be possible to transport these bicycles back to the finish area should you require it. Unicycles and bikes with aerobars are not allowed.
- **Electric Bikes** are permitted in the The OG under the following conditions:
  - The bike must be speed limited to 32 km/h.
  - Riders must start at the back of the start corral.
  - Riders must respect the effort of self propelled riders and stay out of pace lines.
  - Any team member found to be pacing with an e-bike will result in the entire team being disqualified from the team competition.
- **“Stay Aware, Ride with Care”:** Look for obstacles, ride safely and predictably. Don’t swerve and weave, keep your head up, and ride in single file when possible. Please be aware of and exercise good road riding etiquette.

## Rules & Regulations, Cont'd

- **Road Rules:** Obey all directions from police, traffic control personnel or course workers. Riders **MUST** give way to emergency vehicles. Where the route has a delineated lane closure (e.g. cones), crossing into the non-delineated lane is strictly prohibited. Many roads are open to traffic. It is up to each rider to be aware of the open road sections, to obey the BC Motor Vehicle Act and to keep as far right as possible. Do not cross the centre line (whether it is marked or not) at any time. Any rider crossing the centre line, riding dangerously or found to be violating other rules of the road will be disqualified without warning. The teams of riders who are disqualified will also be eliminated from the team competition. Disqualification will result from the report of any of the OG staff, volunteer, course worker, Traffic Control Person, RCMP officer or Ministry of Transportation Official. All disqualifications are final and will not be subject to appeal.
- **“Stay to the Right”:** Unless passing another rider, ensure that you stay as far to the right of the road as you can; making it easy for traffic and other riders to pass you safely on the left.
- **Course:** It is your responsibility to know and follow the route.
- **No personal support vehicles on course:** Please let us take care of you on your ride. Avoid clogging up the route with additional cars and trucks.
- **No unregistered riders:** Riders found on a course for which they are not registered will be charged accordingly.
- **Timing chip and number placement:** All participants must mount their chip and number according to the instructions supplied in the rider package. Chips will be collected at the finish. Riders who do not finish (DNF) must return their chip to the finish area or hand it in to event personnel. If the chip is not returned, you will be charged a \$100 replacement fee.
- **Start zones:** Please see the start line procedures on page 13.
- **No personal audio devices (iPod, headphones, etc.):** These devices present distractions, and ultimately place you and other riders at risk of accident.
- **No littering:** Throwing anything on the ground during the ride will result in removal from the event.
- **No public urination:** Facilities are provided on course (i.e. aid stations) and at the Finish area.
- **Caravan vehicles:** Riders must heed instructions from course officials. Do not pass the Lead Event Vehicle at any time.
- **Cut-off times:** For course management and road safety, cut off times will be established for each route (TBC). Riders outside of these times will be asked to leave the course, your timing chip and number will be removed, and you will be offered a ride to the finish area. The finish line closes at 4 p.m.
- **Treat course workers and volunteers with kindness and respect:** We want our volunteers to stay safe and have a great time too. Abuse of The OG volunteers will not be tolerated; smiles and thank-yous will.
- **Right to refuse entry:** The event organizers reserve the right to refuse entry into the event if any of the above rules are violated by a participant.



## 2022 RIDER ESSENTIALS

1. **Rider Numbers:** You will be supplied with one ride number in your ride package. This number must be affixed to your handlebars (see the demo bike at Package Pick Up). Helmet numbers are not required.
2. **Timing Chips:** Timing chips will be issued and verified at Package Pick-Up. The chip must be mounted on your fork according to the instructions provided. Please return your chip to event staff or a \$100.00 replacement fee will be charged to your credit card. Event staff at the finish line will help you remove your timing chip from your bike.
3. **Start Line Staging:** You have been assigned to a “start zone” based on the anticipated average speed you provided at registration. The fastest zone is located at the front of the start chute. Each start zone is identified by a letter A (fastest zone) through to F. Each start zone is divided into a sub-zone (e.g. A-1, A-2) Your ride number has a letter- number prefix that corresponds to your designated start zone. You will only be allowed to enter your designated zone or a slower zone – no other changes to start zones will be allowed. The start zones will open at 6 a.m. on Sunday morning.
4. **Parking (Ride Morning):** Take advantage of the ample parking at the Penticton Trade and Convention Centre (PTCC - see parking map for allowed areas). It is a short 1 km spin on your bike to the Start / Finish area. See course maps for location. As a courtesy to local neighborhoods, please don't park on residential streets. ***Please park only in the designated spots/lots. The other parking spots have been reserved for use by the Okanagan Hockey School (in the main SOEC parking lot) and the Community Centre (in the PTCC parking lot)***
5. **Finish Area:** After completing your ride, park your bike in our secure bike area in Gyro Park and spend the afternoon in beautiful Rotary Park. Any bikes returned from the course or left at the Finish Area will be stored for 48 hours and then given to charity if unclaimed.
6. **Bag Check:** Bag check opens at 5:30 a.m. on Sunday morning. Drop off your bag (knapsack, suitcase, etc.) and you'll be able to retrieve it following your ride. Change tents will be adjacent to the bag check. Please note that we cannot accept loose items. This service is complimentary and will remain open until 4:00 p.m. on ride day (Sunday, July 10<sup>th</sup>, 2022). Unclaimed bags will be held for 48 hours and given to charity if unclaimed. Please note that the OG is not responsible for lost or damaged items.
7. **Participant Lunch and Penticton Ale Trail Patio:** Riders will be treated to a complimentary BBQ lunch as well as a complimentary beer (for those 19 and over) from our sponsor breweries from the Penticton Ale Trail, Bad Tattoo Brewing, Cannery, Highway 97, Neighbourhood, Slackwater and Tin Whistle. Additional beverage tickets will be available for purchase (cash only). Please remember to carry two (2) pieces of photo ID should you wish to purchase or consume alcohol.
8. **Route Markings:** All courses are fully marked with directional signage and kilometre markers (approximately every 10 km). Pay attention to key signs at junctions where Granfondo, Mediofondo, Velocfondo and Cortofondo routes separate. **It's the responsibility of each rider to know the course.** Please review the supplied route maps in your ride package.
9. **Aid Stations:** The Okanagan Granfondo Okanagan (OG) is a fully supported ride featuring seven (7) aid stations. We pride ourselves on providing the best possible ride day support. Aid stations will be located roughly every 25 km, as indicated on the supplied maps in your ride package. Each aid station will be stocked with: fruit (bananas, oranges, watermelon), pretzels, water, GLYCO-DURANCE sports drink, and gels by F2C. Special treats will add variety to the later Aid Stations.

## Rider Essentials Continued

10. **Ride Guides:** A number of volunteer riders (called “Ride Guides”) will be cycling on Sunday morning, and helping riders complete their Granfondo (153 km), Velocefondo (121km), Mediodfondo (85 km), and Cortofondo (48 km) rides. Look for their red Ride Guide Jerseys and don't be afraid to ask them for help.
11. **First Aid:** Roving medics will be monitoring the ride course. First aid will be available at all Aid Stations, as well as the Finish Line. In case of a medical emergency call 911.
12. **Emergency Procedures:** In the case of a serious accident or incident in or around the ride route, it may be necessary to stop the ride temporarily and/or reroute the course altogether. Please obey any instructions provided by traffic or event officials.
13. **Caravan Vehicles:** There will be a number of different event vehicles out on the course in order to help ensure a safe and enjoyable ride for all. These will include: Mechanical Support, Medical Support, Sponsor & Media, Lead/Follow/Sag, and emergency vehicles. Please pay attention when navigating the various routes, and if you run into any difficulties, please look for one of these vehicles to help you.
14. **Mechanical Support:** Our Mechanical Support is provided by the Bike Barn and Velofix. If our crew finds you by the side of the road with a flat tire, we will fix your flat and get you on your way. Our team will attempt to fix more complicated mechanical problems and will only charge you for the parts they use (chain, derailleur, etc.). We encourage you to come prepared with basic tools and supplies to change a flat tire, as the availability of neutral support will depend on the number of riders in need of mechanical support at any given time.
15. **Granfondo Cut-Off Times:** To assist in our course management and road safety we have implemented Granfondo cut-off times on the course. All Granfondo riders must be at the Fairview Aid Station (#5) by 1:30 p.m., and White Lake Observatory by 2:30 p.m. If you are unable to make these times you will be asked to leave the course, your timing chip and number will be removed, and you will be offered a ride to the finish area.
16. **Sag Wagon:** The last “sweep” vehicle follows the ride. If you are approached by the sweep vehicle while riding, you will be asked if you would like a ride to the next Aid Station or to the Finish Area. If you choose to proceed on your own, you will not have the benefit of any further ride support and Aid Station support may no longer be available. If you think you may have a hard time finishing the ride, please take advantage of this service.
17. **Time Cut-Off (Full Event):** The Finish Line will close at 3:30 p.m. Riders who arrive before this time are guaranteed to have access to our finish line and finish area festivities until 4:00 p.m. Due to traffic management obligations, we must be strict with this cut-off.
18. **Road Closures / Traffic Control:** Riders will experience a combination of closed roads, dedicated lanes, and shared roadways. It is your responsibility to know the route and to know the open and closed road sections. You must ride with care and attention at all times. Most riders will not experience traffic delays as they travel along the course, however, some slower riders may have to stop at some points along the way. You must adhere to the rules of the road (e.g. ride single file, stay right) unless you are in a dedicated closed traffic lane. Do not cross the centre line at any time. If you are at all uncertain, adhere to the general rules of the road.

## *Rider Essentials Continued*

19. **Ride Photos:** [Marathon-Photos.com](http://Marathon-Photos.com) will be on course taking photos of you at various points along the way. Make sure your handlebar number is mounted clearly so they can capture you in action. Kal Tire is once again providing a complimentary digital event photo pack to all riders following the event.
20. **Timing and Results:** Times are recorded at various points along the course. Friends and family will be able to follow you online through Sportstats live tracking (<http://www.sportstats.ca>). Results will also be posted near the announcers' booth adjacent to the Start/Finish Line. Full results will be available online by Monday (you may also sign up to have your splits recorded on your Facebook page).
21. **Team Competition:** Bragging rights and prizes are on the line for the 2022 OG Team Competition. The rules are simple: the 5th rider across the finish line counts as the "team time". Therefore, it will be the teams that work together that win this event. The team competition only applies to the Granfondo category. Granfondo riders can form teams with a maximum of 9 and minimum of 5 riders.
22. **JAKROO Reach for the Peach** (Queen & King of the Mountain hill climb challenge) on Summerland's Peach Orchard Road is open to all riders who successfully complete the event. We will award first-place in each age category (UNDER 19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+) and for each gender.
23. **Timing Chip Recovery:** All riders will have a timing chip that must be returned after the event or you will be charged \$100 for the replacement of the chip. If you exit the course or do not complete the ride, please remove your chip and return it to the finish area.
24. **Thanks To Our Sponsors:** Be sure to thank any of our sponsors and partners you may see during any of the events this weekend. Without their generous contributions none of this would be possible.
25. **Support Our Charities:** The Okanagan Granfondo is proud to support the Desmond Tumour Foundation of Canada. Thank you for supporting this great cause.

**Check out the Rider Briefings at the Okanagan Granfondo Cycling Expo (Penticton Trade and Convention Centre) on:**

- **Friday July 8th (5:30 p.m.)**
- **Saturday July 9th (11:00 a.m. and 1:00 p.m.)**

## 6. Road Closures

For information on traffic impact and road closures, please visit our website by clicking [here](#).



## 7. Call for Volunteers

Our volunteers are the heart of this event. From greeters and package pick-up, to traffic control and aid station support, our volunteers are invaluable to the operation of the Okanagan Granfondo.



We are happy to announce that sign-up is now open. Click the button below to sign-up. All volunteers will receive an event volunteer t-shirt, a \$25 gift card to lululemon, and an invitation to our Volunteer Appreciation Dinner immediately following the event. Have Questions?

Contact: [volunteers@okanagangranfondo.com](mailto:volunteers@okanagangranfondo.com). *\*Note: all volunteers must be 16 years of age or older.*



# OKANAGAN GRANFONDO

JULY 10, 2022 | PENTICTON, B.C., CANADA

[OKANAGANGRANFONDO.COM](https://OKANAGANGRANFONDO.COM)